



**Challenges**

6. What do you think could be slowing you down, standing in the way, or stopping you from having all of the goals you listed in Question 2?

Answer

7. What else do you think could be slowing you down, standing in the way, or stopping you? Repeat until you don't have anything else.

Answer

8. What impact do you think these challenges are having on your dating and romantic relationships?

Answer

9. What impact are these challenges having in other areas of your life?

Answer

10. How long have these challenges been going on?

Answer

11. What's the worst part about these challenges?

Answer

12. Why?

Answer

**The Light at the End of the Tunnel**

13. If you could turn all these challenges around and flow freely toward your goals, what would that do for you?

Answer

14. What would be the best part about that?

Answer

15. Why?

Answer